



Dear STRIDE Applicant,

Thank you for completing a STRIDE Application for you or your child's participation in our programs. Once STRIDE receives the application in the mail, it is reviewed and filed. Your application is **good for one year**; with annual update and liability form renewable each year. The information you provide is entered into our database to receive STRIDE's electronic newsletter and mailings. Our e-news announcements provide info for upcoming programs and special events. It is **your responsibility** to make reservations for any of our programs or events. Most information can also be located on the website, www.stride.org.

The information you provide is confidential and used solely for educational and safety purposes. The **liability waiver** is for insurance purposes and must be signed and updated annually. A **valid Credit card #** is kept on file for **all programs** as per our cancellation and program fee policy. A \$25 administration fee is charged for each multi-day program you register for.

Guidelines: The participant must be at least 4 years old and have a documented physical or cognitive special need. Adults over 21, may participate in the ski/snowboard programs or programs that include adult athletes including our STRIDE Wounded Warrior Program

Please understand that STRIDE is a **volunteer organization** and this process works best for us. If you have any questions or concerns you can contact the STRIDE office at (518) 598-1279. Please enclose a **photograph** if you can.

You can register by mail fax or email. Mail paperwork to:
476 North Greenbush Road #9 Rensselaer, NY 12144.
Fax to: 518-391-2563



Sincerely, STRIDE Inc. Administration

STRIDE Athlete's Creed

I will try my best and always stay positive in play or competition. I will not say or think the words "I can't".

I will be a good sportsman, and have strong character. If I fall, I will get up. If my teammate falls, I will be there to lift them physically and emotionally.

I know that what I do reflects on STRIDE, my parents, and my community who support me.

Today's Date: _____

Application for:

- Youth athlete
- Adult athlete
- Wounded Warrior

STRIDE Adaptive Sports

476 North Greenbush Rd. #9 Rensselaer NY 12144
518.598.1279 Fax: 518.391-2563 info@stride.org



APPLICATION FOR PROGRAMS

Demographic Information

Name: _____ Email: _____

Parents/guardian: _____ Age: _____ Gender: _____ D.O.B.: _____

Address: _____ City/State: _____ Zip: _____

Phone: (____) _____ Cell: (____) _____ Work phone: (____) _____

Primary Disability /diagnosis: _____ Secondary: _____

Educational level: _____ Enrolled in Special Education: Yes ___ No ___ Adaptive Physical Education: Yes ___ No ___

Personal Data: Height: _____ Weight: _____ General Physical Condition: _____ Shoe size _____

Special adaptive equipment or care needs for participation (e.g.: wheelchairs, splints, walk aids, swim aids, etc.):

Parent occupation(s): _____ Place(s) of employment: _____

STRIDE Programs

Check all those you are interested in:

- | | | |
|---------------------------------------|---|--|
| <input type="checkbox"/> Bowling | <input type="checkbox"/> Swimming | <input type="checkbox"/> Golf |
| <input type="checkbox"/> Sled Hockey | <input type="checkbox"/> Tennis | <input type="checkbox"/> Learn to Dance |
| Alpine skiing or snowboarding: | <input type="checkbox"/> Adaptive Shooting | <input type="checkbox"/> Snowshoe |
| <input type="checkbox"/> Jiminy Peak | <input type="checkbox"/> Teen Dances | <input type="checkbox"/> Whitewater rafting |
| <input type="checkbox"/> Ski Sundown | <input type="checkbox"/> Learn to bike camp | <input type="checkbox"/> Nordic Skiing |
| <input type="checkbox"/> Catamount | | |
| <input type="checkbox"/> Race Team | | |
| Sailing Program | <input type="checkbox"/> Wounded Warrior Programs | SCORE Activities |
| <input type="checkbox"/> Lake George | | <input type="checkbox"/> Tent camping |
| <input type="checkbox"/> New Rochelle | | <input type="checkbox"/> Orienteering/ outdoor education |

Administration Fee and Cancellation Policy Fee

A valid Credit Card # is required on file for all programs as per our cancellation and program fee policy. A \$25 administration fee is charged for each multi-day program you register for.

I hereby authorize STRIDE Adaptive Sports to keep a valid credit card number securely on file. In the event I do not follow cancellation protocol of notification within 24 hours for all programs requiring reservations, I will be charged a fee accordingly.

Name on Card; _____

Credit Card#: _____ Card: VISA MC Exp. Date: _____

Signature _____

Other Activities & Sports Involvement:

- Special Olympics
- Games for the Physically Challenged
- US Paralympics
- Wounded Warrior Events
- Other: (Please list) _____
- _____
- _____

Sensory Concerns:

No concerns (skip ahead)
 Please mark applicable concerns with an 'X':

Vision:

- Partially sighted/legally blind
- Totally blind

Describe vision _____

Hearing:

- Partial hearing loss
- Total hearing loss

Describe communication: _____

Sensitivities:

Visual (seeing): _____

Auditory (hearing): _____

Tactile (Touch): _____

Proprioceptive (Movement): _____

Assistive technology: _____

Phobias:

- Insects Animals
- Heights Reptiles
- Costume characters
- Other: _____

Allergies:

- Latex Bee-sting
- Gluten Lactose
- Nuts Pollen
- Dust/dirt Animal dander
- Sun Other: _____

Physical Concerns/Mobility

No concerns (skip ahead)

- Uses mobility device
- Walks unassisted
- Uses hands independently

Describe general balance _____

- Concerns with temperature/ sun/cold
- Concerns with pressure sores
- Shunts/catheters
- Concerns with speech

Describe general strength / endurance _____

Transfers: (circle one) _____
 No Assist Partial Assist Total Assist

Comments: _____

Behavior and General Cognition & Processing

CODE

- 1. Normal - no problems
- 2. Mild problems - interferes occasionally
- 3. Moderate problems - interferes frequently
- 4. Severe problems - interferes constantly

Frustration tolerance	1	2	3	4
Hostility	1	2	3	4
Confusion	1	2	3	4
Attentiveness	1	2	3	4
Distractibility	1	2	3	4
Impulsivity	1	2	3	4
Anxiety	1	2	3	4
Following Directions	1	2	3	4
Sequencing	1	2	3	4
Problem Solving	1	2	3	4
Slowness of Cognition	1	2	3	4
Temper	1	2	3	4
Speech/communication	1	2	3	4
Understands safety	1	2	3	4

Medical Release This section to be completed and signed by *Primary Physician or Physical Therapist* regarding physical condition and permission to participate in sport (if applicable):

___ Not Applicable

Patient Name: _____

Disability/ diagnosis: _____

Orthopedic aids needed for participation: _____

Past surgical procedures: _____

Medications (dosage, frequency and reason): _____

Seizure activity; type and date of last seizure: _____

Pertinent information regarding physical status of participant: (e.g.: allergies; ROM; spasticity; sensory losses, diabetes, heart, hearing loss, glasses, or contacts, combat injuries):

Endurance level: Good ___ Fair ___ Poor ___ **Communication Skills:** Good ___ Fair ___ Poor ___

Physician or Physical Therapist Signature: _____ Date: _____

**Information provided is strictly confidential and is used solely for safety purposes in administering our programs.*

PERMISSION TO ADMINISTER MEDICATIONS (Applicable to camping or overnight programs)

I, _____, parent/guardian of _____
give my permission for STRIDE volunteers to administer the necessary medications as prescribed to my son/daughter, as needed, in my absence.

Signed _____ Date _____

Medications: List meds to be administered with purpose/ dosages and times to be administered:

Medications must accompany the participant, clearly labeled in original containers with written administration document.

SUNSCREEN & INSECT REPELLENT PERMISSION (applicable to camping, sailing, biking, or overnight programs)

I, _____ hereby give my permission for my child _____,
Parent/Guardian Child's name

Permission to apply _____ & _____
Type of Sunscreen Type of Insect Repellent

_____ I understand that sunscreen/repellent is considered medication by the Department of Health and that failure to return this note along with my child's personal sunscreen and repellent may result in serious sunburn of insect bites. Blanket signature will allow STRIDE to apply their supply of screen and repellent where applicable.

Disabled Sports USA Waiver & Release of Liability, and Media Release Agreement

Disabled Sports USA, and its affiliated Chapters ("Released Parties") are non-commercial, not for profit activity providers. The purpose of this agreement is to exempt, waive and relieve Released Parties from any and all liability for wrongful death, personal injury, and property damage, including, but not limited to, liability arising from the negligence of Released Parties. "Released Parties" include Disabled Sports USA, STRIDE, Inc., and their representatives, administrators, directors, agents, coaches, employees, and volunteers; other participants, sponsoring agencies, sponsors, and advertisers; and, if applicable, the owners, operators, and lessors of premises on which the activities or events take place.

In consideration of the undersigned Participant being allowed to participate in any way in Disabled Sports USA and/or STRIDE, Inc. related events and activities, the Undersigned ("Undersigned" means only the Participant when the Participant is age 18 or older or it means both the Participant and the Participant's parent or legal guardian when the Participant is under the age of 18) agrees and acknowledges as follows:

- Risks of Activity.** Participant will be taking part in activities that can be hazardous and involve the risk of physical injury and/or death. The activities are inherently dangerous and Undersigned fully realizes the dangers of participating in the activities. The dangers and risks of the activities include, but are not limited to the condition of the premises and equipment, and the acts, omissions, representations, carelessness, and negligence of the Released Parties. Recognizing the risks and dangers, the Undersigned voluntarily chooses for Participant to participate in the activities and expressly assumes all risks and dangers of the participation in the activity, whether or not described above, known or unknown, inherent, or otherwise.
- Release and Indemnification.** Undersigned (a) unconditionally releases, forever discharges, and agrees not to sue the Released Parties for any claims or causes of action for any liability or loss of any nature, including personal injury, death, and property damage, arising out of or relating to Participant's participation in the activities, including, but not limited to claims of negligence, breach of warranty, and/or breach of contract the Undersigned may or will have against the Released Parties; and (b) agrees to indemnify, defend, and hold harmless the Released Parties from and against any liability or damage of any kind and from any suits, claims or demands, including legal fees and expenses whether or not in litigation, arising out of, or related to, Participant's participation in the activities.
- Helmet Use.** Undersigned agrees that Participant shall use a helmet when participating in the following activities: Alpine skiing, cycling, equestrian, ice hockey, outdoor rock climbing, snowboarding, white water kayaking, white water river rafting, and any other activity when directed by Released Parties. Undersigned understands that a helmet is in no way a guarantee of safety and that no helmet can protect the wearer against all foreseeable impacts to the head, and that the activities can expose the Participant to forces that exceed the limits of protection provided by a helmet. Undersigned agrees to assume full responsibility for complying with this paragraph and that Released Parties shall not be liable for any injury or damages resulting from Participant's failure to use a helmet.
- Miscellaneous.** Undersigned agrees (a) Participant will not engage in any activities prohibited by any applicable laws, statutes, regulations and ordinances; (b) this agreement shall be governed by the laws of the State of NY and the exclusive jurisdiction and venue for any claim shall be located in the state courts located in Rensselaer County, NY; and (c) this agreement shall be binding upon the subrogors, distributors, heirs, next of kin, executors, and personal representatives of the Undersigned.

I HAVE CAREFULLY READ THIS AGREEMENT AND UNDERSTAND ITS CONTENTS. I AM AWARE THAT I AM RELEASING LEGAL RIGHTS THAT OTHERWISE MAY EXIST.

Participant's Signature	Participant's Name (please print clearly)	Date

FOR PARTICIPANTS UNDER THE AGE OF 18

Date of Birth

--

Undersigned parent or legal guardian acknowledges that he/she is not only signing this Agreement on his/her behalf, but that he/she is also signing on behalf of the minor and that the minor shall be bound by all the terms of this agreement. Additionally, by signing this agreement as the parent or legal guardian of a minor, the parent or legal guardian understands that he/she is also waiving rights on behalf of the minor that the minor otherwise may have. The Undersigned parent or legal guardian agrees that, but for the foregoing, the minor would not be permitted to participate in the activities. If signing as the parent or guardian of a minor Participant, signing adults represent that they are a legal parent or guardian of the minor Participant.

Parent/Legal Guardian Signature	Parent/Legal Guardian Name	Relationship	Emergency Phone
			Date

MEDIA RELEASE FORM

MEDIA/PHOTO WAIVER: Undersigned authorizes and gives full consent to Released Parties to copyright and/or publish for public view any and all photographs, digital recordings, videotapes and/or film in which Participant appears. Undersigned agrees that Released Parties may transfer, use, or cause to be used, these digital recordings, photographs, videotapes, or films for any exhibitions, public displays, publications, commercials, art and advertising purposes, television programs, and internet without limitations or reservations.

Participant's Signature	Participant's Name (please print clearly)	Date

Parent/Legal Guardian Signature	Parent/Legal Guardian Name	Relationship
		Date

SKI SUNDOWN, INC.

RELEASE OF LIABILITY, WAIVER OF CLAIMS, EQUIPMENT RENTAL, AND ARBITRATION AGREEMENT

PLEASE READ CAREFULLY

Skiing and snowboarding involve risk of serious injury, including death, caused by hazards inherent in the sport of skiing. Participation in the sport of skiing, no matter what type equipment you are using or the event or program that you have chosen to participate in, is a voluntary act on the part of the Participant and where applicable the Participant's parent(s) or guardian(s).

PARENT(S)/GUARDIAN(S): Only allow your child to participate in the sport of skiing if he/she:

- Appreciates the risks involved in the sport;
- Knows his/her own capabilities and limitations regarding the sport of skiing;
- Is capable of exercising common sense.

The use of helmets is strongly recommended. If you and/or your child decide not to use a helmet, you do so at your own risk.

Release and Waiver of Claims: In consideration of being allowed to participate in the sport of skiing at Ski Sundown, Inc. (the "Facility"), the Participant, and the Participant's parent(s) or legal guardian(s) if the Participant is a minor, do hereby agree, to the fullest extent permitted by law, as follows:

- 1) **TO WAIVE ALL CLAIMS** that they have or may have against the Facility arising out of the inherent risks of the sport of skiing;
- 2) **TO ASSUME ALL RISKS INHERENT IN THE SPORT OF SKIING;** and
- 3) **TO RELEASE** Ski Sundown, Inc., the facility, its owners, affiliates, officers, directors, employees, agents, and shareholders, and all manufacturer's and distributor's of equipment from all liability for any loss, damage, injury, or expense that the Participant (or his/her next of kin) may suffer, arising out of the inherent risks of participation in the sport of skiing.

The Participant acknowledges and agrees that the inherent hazards and risks of participating in the sport of skiing are in addition to those referenced in *Connecticut General Statutes § 29-212*. The Participant also acknowledges that this agreement does not, in any way, change the rights or obligations of the Facility or the Participant, as set forth in *Connecticut General Statutes § 29-211, et. seq.*, other than as set forth in this agreement.

Acknowledgement of Equipment Instructions: I will not use any equipment until I have received instructions on its use and I fully understand its use and function. I agree to verify the visual indicator settings to be recorded on any rental forms agree with the number appearing in the visual indicator windows of any equipment listed on the form.

Equipment Rental and Release from Liability and Waiver of Claims: I accept for use the equipment rented to me by Ski Sundown, Inc. (the "Equipment") and accept full responsibility for its care while it is in my possession. I will be responsible for the replacement, at full retail value, of any Equipment which is not returned, and I will be responsible for the costs of repairing any damage to the Equipment, other than normal wear and tear.

SKI EQUIPMENT: I understand that the ski-boot bindings system which I have rented will not release at all times nor under all circumstances, nor is it possible to predict every situation in which it will release. I understand that the ski-boot bindings system is, therefore, no guarantee of my safety. I have accurately represented to Ski Sundown, Inc. my height, weight, age, and skiing ability, recognizing that some or all of these factors may affect the settings of the ski-boot bindings system.

SNOWBOARD EQUIPMENT: I understand that the snowboard bindings system, which I have rented, is a non-release system. I understand that the snowboard bindings system is no guarantee of my safety.

I hereby agree to the fullest extent permitted by law, as follows:

- 1) **TO WAIVE ALL CLAIMS** that I have or may have against Ski Sundown, Inc. and all manufacturers and distributors of the Equipment, caused by the use of the Equipment and/or the inherent risks of the sport of skiing, as defined in Conn. Gen. Stat. § 29-211, *et seq.*;
- 2) **TO ASSUME ALL RISKS INHERENT IN SKIING;**
- 3) **TO RELEASE** Ski Sundown, Inc. and all manufacturers and distributors of the Equipment, from all liability for any loss, damage, injury, or expense I (or my next of kin) may suffer, caused by the use of the Equipment and/or the inherent risks of the sport of skiing.
- 4) **TO INDEMNIFY** and hold harmless Ski Sundown, Inc. and the manufacturers and distributors of the Equipment for any loss or damage including any that results from claims or lawsuits for personal injury, death, or property loss and damage arising from my use of the Equipment.
- 5) **I FURTHER AGREE** to submit all claims against the manufacturers or distributors of the rental Equipment used by me at Ski Sundown, Inc. to arbitration.

Arbitration: The Participant or his/her Parent(s) or Guardian(s) hereby agree(s) to submit any dispute arising from participation in the sport of skiing to arbitration, for the sole purpose of determining whether the alleged injury arises from a hazard inherent in the sport of skiing. For such disputes, there shall be a three-member arbitration panel, consisting of two party-appointed arbitrators (one arbitrator to be appointed by each party) and one neutral arbitrator (collectively, the "Panel"), to be chosen by the party-appointed arbitrators. The neutral arbitrator shall be a current officer of a ski area located in Connecticut, Vermont, New Hampshire, Maine or Massachusetts. In the event that the two party-appointed arbitrators are not able to agree on a third, neutral arbitrator, the neutral arbitrator shall be appointed by a court of competent jurisdiction based on the criteria specified above. Each party shall pay its own costs, including the costs associated with the party-appointed arbitrators, and the parties shall share equally the costs associated with the neutral arbitrator. The arbitration proceeding shall proceed in West Hartford, Connecticut and shall be governed by the Federal Rules of Evidence. The Panel shall establish a reasonable and appropriate discovery schedule to expeditiously resolve this matter.

In the event that the Panel determines Participant's alleged injury arises from a hazard inherent in the Participant's participation in the sport of skiing, Participant's claim shall be deemed barred, as a matter of law, and the Participant shall be barred from recovering any compensation from Ski Sundown, Inc.

In the event that the Panel determines that Participant's alleged injury did not arise from a hazard inherent in the sport of skiing, the Panel must next determine whether Ski Sundown, Inc. was negligent and if so, whether Ski Sundown, Inc.'s negligence was a proximate cause of Participant's injury. If the Panel determines that either Ski Sundown, Inc. was not negligent or that any negligence on its part was not a proximate cause of the Participant's injury, then the Panel must enter an award of no responsibility for Ski Sundown, Inc. & Participant shall be barred, as a matter of law, from any recovering any compensation from Ski Sundown, Inc. However, if the Panel finds that negligence on the part of Ski Sundown, Inc. was a proximate cause of Participant's injury, the Panel must then determine whether Participant was negligent and whether Participant's negligence contributed to his/her injury. The Panel shall assign a percentage of negligence for both Ski Sundown, Inc. and Participant, which must equal 100%. If the Participant's allocation of negligence exceeds 50%, **Participant's claim shall be deemed barred, as a matter of law, and the Participant shall be barred from recovering any compensation from Ski Sundown, Inc.**

However, if Participant's allocation is less than 50%, then the Panel shall determine dollar amount for any damages that have been proven that will fairly compensate the Participant for his/her injury. The Panel shall then multiply the dollar amount of any such damages by the percentage of negligence found on the part of Ski Sundown, Inc. The resulting number shall be the Panel's compensation award for Participant's injury.

The Federal Rules of Evidence shall apply to the arbitration proceeding unless the parties otherwise agree.

Acknowledgement: I grant permission to Ski Sundown to use my photograph, video tape, motion picture recording or any other record of my use of its facilities for legitimate purposes.

I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I MAY BE WAIVING CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.

Parents or Guardians must also sign if the Participant is UNDER 18.

Participant's Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

