



2010 Connecticut Winter Games for Seniors

presented by Ski Sundown and the Connecticut Ski Council

**If you are turning 50 in the 2010 Calendar Year you are eligible to compete in
The Connecticut Winter Games for Seniors**

Date: Tuesday, February 23, 2010

Location: Ski Sundown, 126 Ratlum Rd, New Hartford, CT

Events: Giant Slalom, Downhill, Cross Country, Snow Shoe Race

Pre-registration Deadline: Applications must be postmarked by 2/16/10 and mailed to Ski Sundown Senior Games, PO Box 208, New Hartford, CT 06057. If you are pre-registered and cannot attend the event, only the Event Fee is refundable. (Lunch fee(s) paid are non-refundable.)

Directions to Ski Sundown:

Greater Hartford Area: Rt. 44W to Rt. 219 in New Hartford. Turn right on Rt. 219N. Go 1.5 miles, turn right on Ratlum Rd. Sundown is .5 miles on right.

Driving Time: 25 minutes from bottom of Avon Mt.

Alternate: (East of Hartford): I-84W to Exit 39 (Rt. 4 W), to Rt. 10 N , right on Rt. 10N for about 5 miles. Left on Rt. 44 W to Rt. 219 in New Hartford. Right on Rt 219N for 1.5 miles to Ratlum Rd. Right on Ratlum Rd. Sundown is .5 miles on the right. **(West of Hartford):** I-84E to Exit 39 (Rt. 4W), to Rt. 10N , right on Rt. 10N for about 5 miles. Left on Rt. 44W to Rt. 219 in New Hartford. Right on Rt. 219N for 1.5 miles to Ratlum Rd. Right on Ratlum Rd. Sundown is .5 miles on the right.

2010 Connecticut Winter Games for Seniors

Event Schedule:

(Times subject to change based on number of participants)

8:00 – 9:00 am	Event Registration & Ski Bib Pick-up
8:45	Opening Ceremonies
9:00 – 9:30	Downhill Course Inspection
9:30	Downhill Event Start
10:30	Giant Slalom Start
11:30	Cross Country Start
11:45	Snowshoe Race Start
12:30 – 2:30	Lunch
1:00	Awards Ceremony

Downhill

Course Inspection 9:00 to 9:30 a.m.

Race Start Time: 9:30 a.m. Run Order will be by bib number.

Pre-registration entry determines the order in age bracket. Bib number will be pre-assigned. The bib number assigned will be used for the whole day. Oldest age runs first, women and men; than the next younger age bracket, women and men and so on. All racers registering on race day run at the end on a first come basis.

Course: Start top of Stinger (Chicken Point) down to the Ted Lepkowitz Deck across to Canyon down to Canyon all the way to the finish on Exhibition by Chair #1.

Rules: All control gates must be completed, one single run time. If a racer falls he/she can only complete the course if both skis stay on. Helmets are required. Fastest time wins.

Giant Slalom (this will also qualify as a NASTAR event)

Race Start Time: 10:30 Run Order will be by bib number.

Course: Start mid station racing hut on Gunbarrel. Terrain and length of course is similar to NASTAR course. Dual Course- one run on each course with the best run counting.

Rules: All gates must be completed. If a ski falls off a racer can complete the course at most two gates from the finish. Racer has to have one ski on to cross the finish. Fastest single run wins.

Cross Country

Race Start Time: 11:30 Run Order will be by approximate bib number.

Course: Start at Base Lodge headed west across base area past Rental Building, then up lower loop towards the Sunnyside chair onto upper loop, then down Little Joe and back across the base area to finish. Two person staggered start-times run.

Distance: ½ mile loop.

Shoeshoe

Race Start Time: 11:45 Run Order on first come first serve basis.

Course: Two people run at one time. Course 100 feet down and 100 feet back, flat terrain, one run.

Rules: Snowshoes will be provided. Fastest time wins.

Lunch (if not pre-registered only a limited number of lunch tickets will be available)

Time: 12:30 to 2:30 p.m.

Menu: Stuffed Capon with Baked Potato, Peas and Carrots, Rolls and Butter, Bottled Water – Coffee, Dessert

Awards Ceremony

Time: 1:00 p.m.

Awards: Gold, Silver and Bronze medals will be awarded in each age bracket per each event.

Application

2010 Connecticut Winter Games for Seniors

Ski Sundown, New Hartford, CT Tuesday, February 23, 2010 8:00 – 9:00 A.M. – Registration

**Age Classifications apply to both Male and Female Participants:
50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+**

Last Name:	First:
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Address:	City:	State:	Zip
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Phone #:	Age on 12/31/09:	Date of Birth:
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<input type="checkbox"/> Male	<input type="checkbox"/> Female:	Email:
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Please check the Events you are participating in:

Downhill Giant Slalom Cross-country Snowshoe

\$25 Event fee for any and all events (includes lift and/or area usage ticket)

\$20 Event fee for any and all events (for Ski Sundown Season Passholders)

\$17 Lunch

Please check this box and include an **additional \$17** if you will be bringing a non-participating guest for Lunch

\$	TOTAL AMOUNT ENCLOSED
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Please make check payable to Ski Sundown, Inc., and mail this application (WITH SIGNED WAIVER BELOW) to: ATTN: Senior Games, Ski Sundown, P.O. Box 208, New Hartford, CT 06057

REGISTRATION FORMS MUST BE POSTMARKED NO LATER THAN 2/16/10. IF YOU PRE-REGISTER AND ARE UNABLE TO ATTEND THE EVENT, ONLY THE EVENT FEE IS REFUNDABLE. LUNCH FEE(S) PAID ARE NON-REFUNDABLE.

Registrations will be accepted on the day of the event:

\$35 Event fee for any and all events (includes lift and/or area usage ticket)

\$30 Event fee for any and all events (for Ski Sundown Season Passholders)

\$22 Lunch (if available)

RELEASE OF LIABILITY, WAIVER OF CLAIMS, AND ARBITRATION AGREEMENT

Notice – By signing this document you may be waiving certain legal rights, including the right to sue.

Release and Waiver of Claims
(CONT'D ON REVERSE SIDE)

In consideration of being allowed to participate in the 2010 CT Winter Games for Seniors operated by Ski Sundown, Inc. (the "Facility"), the Participant does hereby agree, to the fullest extent permitted by law, as follows:

- 1) **TO WAIVE ALL CLAIMS** that he/she has or may have against the Facility arising out of the 2010 CT Winter Games for Seniors;
- 2) **TO ASSUME ALL RISKS INHERENT IN THE 2010 CT WINTER GAMES FOR SENIORS;** and
- 3) **TO RELEASE** the Facility, its owners, affiliates, officers, directors, employees, agents, and shareholders, from all liability for any loss, damage, injury, or expense that the Participant (or his/her next of kin) may suffer, arising out of the inherent risks of participation in the 2010 CT Winter Games for Seniors.

The Participant acknowledges and agrees that the inherent risks of participating in the 2010 CT Winter Games for Seniors are in addition to those referenced in *Connecticut General Statutes § 29-212*. The Participant also acknowledges that this agreement does not, in any way, change the rights or obligations of the Facility or the Participant, as set forth in *Connecticut General Statutes § 29-211, et. seq.*, other than as set forth in this agreement.

Arbitration

The Participant hereby agrees to submit any dispute arising from participation in the 2010 CT Winter Games for Seniors to arbitration, for the sole purpose of determining whether the alleged injury arises from a risk inherent in the activities engaged in during the 2010 CT Winter Games for Seniors. For such disputes, there shall be a three-member arbitration panel, consisting of two party-appointed arbitrators (one arbitrator to be appointed by each party) and one neutral arbitrator (collectively, the "Panel"), to be chosen by the party-appointed arbitrators. In the event that the two party-appointed arbitrators are not able to agree on a third, neutral arbitrator, the neutral arbitrator shall be appointed by the United States District Court, for the District of Connecticut. Each party shall pay its own costs, including the costs associated with the party-appointed arbitrators, and the parties shall share equally the costs associated with the neutral arbitrator. The arbitration proceeding shall proceed in Hartford, Connecticut and shall be governed by the Federal Rules of Evidence. The Panel shall establish a reasonable and appropriate discovery schedule to expeditiously resolve this matter. **In the event that the Panel determines the alleged injury arises from a risk inherent in the Participant's participation in the 2010 CT Winter Games for Seniors, the claim shall be deemed barred, as a matter of law, and the Participant shall be barred from recovering any compensation from the Facility.** In the event that the Panel determines the alleged injury did not arise from a risk inherent in the activities engaged in during the 2010 CT Winter Games for Seniors, the Participant shall proceed to the Superior Court of Connecticut, or if appropriate, the United States District Court, for the District of Connecticut, for a trial *de novo*.

I GRANT PERMISSION TO SKI SUNDOWN TO USE MY PHOTOGRAPH, VIDEO TAPE, MOTION PICTURE RECORDING OR ANY OTHER RECORD OF MY USE OF ITS FACILITIES FOR LEGITIMATE PURPOSES.

I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I MAY BE WAIVING CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.

Participant's Signature: _____

Date: _____